News for you!  
By Liz Fick, Newsletter Editor

Immunizations for 6th graders - Feb 9th after lunch with another date set in April. Then they will be ready for 7th grade!

Valentine’s Parties – The parties will be held on Friday afternoon, Feb 12 for grades K-6. If your child needs paper, they are more than welcome to get paper to decorate their boxes from school. They just need to ask for help. Please let them know.

Basketball Scores

Varsity Boys:
Jan 22 – LLM 44 vs Ellendale 60
Jan 29 – LLM 46 vs Carrington 37
Jan 30 – LLM 50 vs Enderlin 60
Feb 2 – LLM 55 vs Oakes 53

Varsity Girls:
Jan 21 – LLM 46 vs EKM 51
Jan 26 – LLM 40 vs Carrington 49
Jan 28 – LLM 63 vs Oakes 30
Feb 1 – LLM 68 vs Sargent Central 32

JH BBB
Jan 21 - LLM 7th gr 26 vs BCN 8
LLM 8th gr 36 vs BCN 14
Jan 25 – LLM 7th gr 8 vs Oakes 44

LLM 8th gr 22 vs Oakes 41
Jan 26 – LLM 7th gr 22 vs Ellendale 29
LLM 19 vs Ellendale 22
Jan 28 – LLM 7th gr 33 vs Sargent Central 8
LLM 8th gr 32 vs Sargent Central 33 (OT)
Feb 1 – LLM 7th gr 14 vs EKM 36
LLM 8th Gr 27 vs EKM 41

Loboe Youth PLAY BALL– We have six students from our school who will be playing games during Loboe Home Varsity games halftime. The students are Addison Smith, Henry Lettenmaier, Lexie Lange, Wyatt Miller, Georgia Lettenmaier and Brayan Karlgaard.

SCHEDULE:
Gr 1 & 2 – Feb 8 during Maple Valley Game
Gr 3 & 4 – Feb 11 during MPB game

NEEDED – Mrs. Pfaff is requesting the LARGE, round oatmeal cereal containers. (42 oz size). Drop off in the school office.

HONEY wanted! – If you have honey bee huts on your property, or know of someone who does, and there is an overabundance amount of honey, please donate to the school! Our students LOVE honey! Drop off in either school office. Thanks!

Donations for Easter Egg Hunt – Cub Scout Pack 518 is hosting an Easter Egg Hunt on Sat, March 19th. They’re asking for donations such as candy/prizes for inside of the eggs, the plastic eggs and Easter baskets. Contact Amy Shape at 762-4268 or 840-7269.

FOUND! – A few weeks ago, we had a student who lost her iPod outside on the playground in the snow. Well, she offered a reward and this week another student found it. Two good things that happened: 1st) the reward money and 2nd) the iPod STILL WORKS! Thanks for all your concerns everyone!

Find the Daily Bulletin – Here are the steps to find the Daily Bulletin from your tablet, smartphone or computer:

Click on or touch the above
1) Litchville-Marion.k12.nd.us
2) choose elementary from the webpage
3) click on Daily Bulletin

That will give you what is happening for the day and what is being served! 😊
Coming up this week!

Thurs, Feb 4 – JH BBB at BCN 4:30; BBB at BCN 6p
Fri, Feb 5 WEAR RED – Natl Women’s Healthy Heart Day!
   - Bldg. & Grounds Committee Mtg, Litch, 5p
   - JH Vs Ellendale (H-Marion) 5p
   - GBB at S. Border (Wishak) 6p
   - WR New Salem Tourney
Sat, Feb 6 – WR @ Kindred Regional Dual TBA
Week Feb 8-12 is BUS DRIVER APPRECIATION WEEK!
Mon, Feb 8 – JH BBB @ Lisbon 4:30
   - GBB vs Maple Valley (H) 6p – Gr 1 & 2 Youth Loboe BB players play at halftime during the varsity game.
Tues, Feb 9 – School Board, Litchville 7:00 am
   - 6th Grade Immunizations – morning
   - JH BBB vs Sargent Central (H-Marion) 4:30
   - BBB vs EKM (H) 6p; varsity game on BEK Sports TV
Wed, Feb 10 – BC Spelling Bee – Good luck CONNOR!
   - AWANA Good Samaritans
Thurs, Feb 11 – JH BBB vs Oakes (H-Marion) 4:30
   - BBB vs MPB (H) 6p; Gr 3 & 4 Youth Loboe BB players play at halftime during varsity game.
Fri, Feb 12 – Valentine’s Day Parties - afternoon
   - Feb 12 & 13 & 15 GBB Dist. Tourney, Jamestown Civic – TBA

After School Club Fun! – Found another photo of students of our After School Program.

Here is Tavin Latt, Jayven Bench, Grace Ritteman, Jordan Bench, and Amberly Beyer digging the guts out of a pumpkin for Halloween.

We are in our second year of this wonderful program. It is from 3:30-6:00 every day except Wednesdays (most students go to religion programs). Cost is $5 per day/per family. Doesn’t matter if you have one or five in your family. If you are under the Free and Reduced meal plan, the cost is FREE! Students get one-on-one with homework, catch on reading assignments and do cool holiday projects. Miss Christensen is the leader.

Litchville-Marion Dollars for Scholars is hosting a BINGO, BASKET AND BAKED POTATO BAR FUNDRAISER

Friday, Feb 19th
LMHS, Marion
5:00 pm to 8:00 PM

Serving will start at 5 pm and bingo at 6 pm.

EASTER EGG HUNT

There will be an EASTER EGG HUNT on Saturday, March 19th. The Litchville Cub Scout Pack 518 is hosting!

Donations are appreciated and any organizations, businesses, or individuals that would like to have an activity booth (such as crafts, egg dying, face painting, a game, etc., are WELCOME!

Items needed from YOU:

- Small candy/prizes for inside of eggs
- Plastic eggs
- Easter baskets for winners

Contact Amy Shape to help or donate. Call her at 762-4268 or 840-7269.
Who are YOU?

Josephine Ann Knudson, aka “Jo Jo,” is a 2nd grader at Litchville-Marion Elementary. She lives with her parents, Tim Knudson and Liza Soma, in Litchville along with her older sister, Gloria, and younger brother, Jerry. And we can’t forget her dog, Teddy Bear.

Josephine wants to grow up to be a veterinarian. Something she doesn’t understand about grownups is, “why are they so nice?” If she had to give all her toys away except one she would chose her DSI. The best day of the week for Jo Jo is Wednesdays “because there is Good Samaritans.”

Five words she picked to describe herself is smart, silly, helpful, artist, and fun.

Second grader, Charlie Enger lives with his mom and dad, Lacey and Justin, on a farm north of Marion. He is the oldest in his family which includes Gracie, Elijah and Justin. He also includes his dog, Sugar, and cats, Sharpa and Herky and guinea pig, Sprinkles.

Charlie wants to be a farm and miner when he grows up. If he had to give all his toys away except one, he would keep his Nintendo DS. The best day of the week is Saturday – no school!

Five words Charlie picked to describe himself are: funny, playful, wild, jumpy, and smart.

Steve Larson is our staff member this week. He is our Superintendent of the school district and elementary principal. He lives in Litchville with his wife, Ruth.

When asked if he always wanted to be a teacher, he answered, “no, he wanted to be a farmer.” He graduated from Belgrade High School, Belgrade, Minnesota and then a B.A. degree from Concordia College in Moorhead. He received his Master’s Degree from NDSU.

Mr. Larson worked on the farm during high school and during college he worked painting houses.

Steve has been teaching for 36 years starting in the Kathryn School District and the rest at Marion and Litchville. There is nothing else he would do differently if he could.

The best advice he has received is on listening. “It is more important to be a good listener than a big talker.”

Sophia Henry is in grade 2 at LMES. She lives with her parents, Robert and Amy Henry, in Marion, along with her older brother David and dog, Bella.
Sophia wants to be a policewoman or a scientist when she grows up. One thing she wonders about grownups is, “how they cook all our meals?” If she had to give all her toys away and just keep one, she would keep her two “My Life” dolls. The best day of the week to Sophia is Friday. Why? Because it is close to the weekend.

Five words Sophia choose to describe her is nice, careful, friendly, smart and helpful.

Zones of Regulation contributed by Mrs. April (Hendrickson) Foth

The Zones of Regulation is a curriculum that fosters self-regulation and emotional control. All students grades K-6 are participating in the Zones during weekly classroom guidance with Mrs. Foth & Ms. Nahinurk (counselor intern). The focus early in the year was on identifying emotions within ourselves and others and how our behaviors can affect how others feel and what they think about us. More recently, we have been looking at how our zones can change from moment to moment based on the circumstances that surround us.

The Zones curriculum utilizes 4 categories (a.k.a. zones) when classifying emotions.

**Blue Zone:** Sad, Tired, Bored, Sick, etc.

**Green Zone:** Happy/Pleased, Focused, Calm, Relaxed, Ready to Listen/Learn, Proud, etc. (Best zone to be in in the classroom!)

**Yellow Zone:** Happy/Excited, Frustrated, Overwhelmed, Silly, Wiggly, Worried, Anxious, Nervous, Surprised, etc.

**Red Zone:** Extreme Emotions such as Terror, Uncontrolled Anger, Aggression, Elation, etc. (Out of Control Behaviors)

Ask your child what they've been learning about the Zones!

(From Pixar movie Inside Out)

50 APPS ALL KIDS SHOULD PLAY AT LEAST ONCE from Common Sense Media

Your 2016 Don’t Miss TV Watch list from commonsensemedia.org
LUNCH BUNCH UPDATE BY MRS. APRIL (HENDRICKSON) FOTH

Our first Lunch Bunch group is underway! Zone-Patrol for grades K-2 began on Wed. January 20th with a review of our group rules. Lunch Bunch Rules include: 1) respecting all group members 2) participating in group discussions and/or activities 3) keeping what is said in group, in the group (confidentiality) and 4) always bringing a good attitude.

We will spend the next several weeks developing a greater ability to control our impulses, thus helping us and other stay safe, learn better and stay out of trouble. We will connect our group activities with the Zones of Regulation, as the Zone’s tie in very well with impulse control. By the end our time together, our Zone Patrol students will be that much closer to being Zone experts!

The next Lunch Bunch Group--Hocus Focus Grades 4-6--will begin in Mid-February. This group will focus on building skills in listening and attending to what is important, while becoming better able to ignore distractions. If you have not returned your child’s permission form, please do so as soon as possible. If your student did not get an invitation for this group, but you feel it would benefit him/her to participate, please contact me and we will try our best to accommodate your request.

Jessica from the American Heart Association held an assembly on Monday morning explaining Jump Rope for Heart. Permission forms and explanation were given to Mr. Westman to hand out to students. You can contact him for information.
4th grader Josie Lange presented “Author of the Month—Andrew Clements,” during lunch this week. This is part of Mrs. Berg’s Library Class. Josie presented a slide show the rest of us enjoyed while we were eating. Good job Josie!

This is art from the Mrs. Pfaff’s 6th & 5th grade classes. It shows birch trees in the winter with shadows and sunsets or sunrise colors. Very pretty and striking!

1st grader Henry Lettenmaier is wearing his medals and holding all of his ribbons he was earned in swimming. He, along with his older brother, Brady, and older sister, Georgia, is part of the Valley City Sharks Swimming Team in the age 8 & under category:
Medals 7th in breaststroke, 8th in 25 yard, 8th in 100 yard free.
1st in 200 Yard Free Relay, 4th in the 50 Yard Free
I missed two of the ribbons on what they were for, but he has done a great job! It takes work, practice and dedication.

Thanks Henry for sharing! Good luck to you and your brother and sister for the rest of the season!

John Ketterling is retired from delivering milk to our school. Because of that, we now have Cass Clay delivering milk and other dairy products. John used to make two trips to fill us up, but Cass Clay will come once a week. Because of that, they brought out a LARGE cooler to hold all the milk we drink during the week.

This is Kindergartner Kaleb Karlgaard grabbing his milk at noon lunch this week.
More 100th Day of School Photos!

Above is the 2nd graders going crazy over the 100th Day of School; above right are some second graders showing their bookmarks they’re coloring. Below, they were treated to an ice cream cake and to the right is Hannah Rufsvold with her crown that she and her classmates received that says “100 days smarter!”